

**FOR
STUDENTS!**

HOW THE FAMINE EVENT WORKS:
(for students)

12 Noon, Friday:

START YOUR FAST!!!

Start your famine after lunch at school. It doesn't have to fall exactly on 12pm, but as close as possible! The rule for the 'famine' is simple: no food or candy! The only substance allowed is 100% Juice and water! Drink plenty!

6pm, Friday

CHECK-IN

Every student participating in the Famine event will gather at Sherman Oaks Presbyterian Church to Register and bring the money they raised. This is where the real fun (and hunger pains) begins!!!

6pm, Fri – 6pm, Sat FAMINE EVENT!

From group games and activities, to Broom Hockey, to building cardboard mansions, to music and singing, to a group service project, the FAMINE EVENT is packed to the brim with things to do!

(Parents, check the itinerary information for more details)

6pm, Saturday

CELEBRATION DINNER!

Congrats, we have lasted 30 hrs without eating! Time to wellEAT!!! Parents who volunteer are creating a huge Celebration Dinner for all the students who successfully made it 30 hours! WAY TO GO YOUTH!!!

(check Itinerary Information if you are interested in being part of this!)

THE CHECKLIST: *what to bring*

(for students)

Clothes:

- couple pairs of jeans
- jacket or hoodie
- outfit to sleep in
- a couple Tshirts
- 1 white shirts and 1 color shirt
- 1 pair shorts
- underwear (duh!)
- socks
- shoes

Hygiene:

- toothbrush/toothpaste
- deoderant (pew!)
- other personal hygiene products

Essentials:

- ***30 Hr Famine Consent Form**
- ***Youth Activity Waiver**
- Bible
- notebook/journal
- pen

Sleeping:

- Sleeping bag/blanket
- Pillow
- flashlight or battery-operated lantern

Miscellaneous, yet equally necessary:

- small squirt gun
- \$10 for broom-hockey
- 3 bottles 100% juice

***may be obtained when you check-in on May 7th**